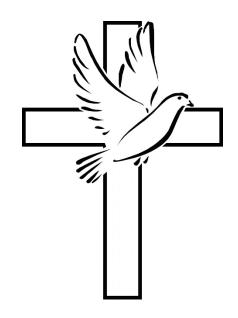


St Luke Anglican Church Ras Al Khamiah, UAE

PRAYER BOOK

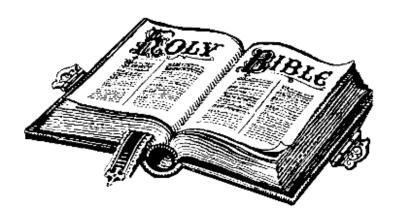


ACKNOWLEDGEMENTS

- © The Archbishop's Council: Common Worship: Daily Prayer, Church House Publishing, 2005.
- © The Book of Common Prayer for use in the Church in Wales: Daily Prayer, Canterbury Press, 2010.
- © Church of the Province of Southern Africa: An Anglican Prayer Book, Collins Liturgical Publication, 1989.
- © A Manual of Anglo-Catholic Devotion, Canterbury Press, 2001.
- © Handbook of Prayers, Catholic Truth Society, 1992.

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MORNING PRAYER

Find a quiet place to sit or kneel so you can still your thoughts before beginning your prayers

O Lord, open our lips

All and our mouth shall proclaim your praise.

The Opening Canticle (Psalm 103: 8 – 18)

- 1. The Lord is full of compassion and mercy, slow to anger and of great kindness.
- 2. He will not always accuse us, neither will he keep his anger forever.
- He has not dealt with us according to our sins, nor rewarded us according to our wickedness.
- 4. For as the heavens are high above the earth, so great is his mercy upon those who fear him.
- 5. As far as the east is from the west, so far has he set our sins from us.
- 6. As a father has compassion on his children, so is the Lord merciful towards those who fear him.
- 7. For he knows of what we are made; he remembers that we are but dust.
- 8. Our days are but as grass; we flourish as a flower of the field;
- 9. For as soon as the wind goes over it, it is gone, and its place shall know it no more.
- 10. But the merciful goodness of the Lord is from of old and endures forever on those who fear him, and his righteousness on children's children;
- 11. On those who keep his covenant and remember his commandments to do them.
- All Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now and shall be forever. Amen.

The Opening Prayer

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Silence is kept

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and forever.

Amen.

The Psalm

Use the psalm(s) given in the weekly daily readings

A Reading from Holy Scripture

Use the Scripture passage given in the weekly daily readings

The Responsory (Proverbs 3)

Trust in the Lord with all your heart; and be not wise in your own sight.

- All In all your ways acknowledge him and he will make straight your paths. Glory to the Father, and to the Son, and to the Holy Spirit.
- All Trust in the Lord with all your heart; and be not wise in your own sight.

The Benedictus (Luke 1: 68 – 79)

- 1 Blessed be the Lord the God of Israel, who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, born of the house of his servant David.
- 3 Through his holy prophets God promised of old to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: to set us free from the hands of our enemies,
- 6 Free to worship him without fear, holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation by the forgiveness of all their sins.
- 9 In the tender compassion of our God the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.
 - Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now and shall be forever. Amen.

O God, the author of peace and lover of concord to know you is eternal life, to serve you is perfect freedom: defend us your servants from all assaults of our enemies, that we may trust in your defence, and not fear the power of any adversaries; through Jesus Christ our Lord.

All Amen

Eternal God and Father, by whose power we are created and by whose love we are redeemed: guide and strengthen us by your Spirit that we may give ourselves to your service and live this day in love for you and one another; through Jesus Christ our Lord.

All Amen

In a moment of silence we pray for the Church, the world, and the needs of others.

As our Saviour has taught us, so we pray:

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.

MIDDAY PRAYER

Find a quiet place to sit or kneel so you can still your thoughts before beginning your prayers

O God, make speed to save us.

All O Lord, make haste to help us.

Bless the Lord, O my soul,

All and all that is within me bless his holy name.

Praise (from St Patrick's Breastplate)

All I bind unto myself today
the strong name of the Trinity,
by invocation of the same,
the Three in One, and One in Three.
Of whom all nature hath creation;
eternal Father, Spirit, Word:
praise to the Lord of my salvation,
salvation is of Christ the Lord.

The Opening Prayer

All God of power and love,
look kindly on the tasks we have begun,
and renew your grace within us;
make good our defects
and bring our work to that fulfilment
which is in accordance with your will,
through Jesus Christ our Lord.
Amen

Prayers of Intercession

Spend some time bringing before God your personal prayers

Our prayers end with the Lord's Prayer

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Responsory (from St Patrick's Breastplate)

All Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.
Amen

The Conclusion

May the gracious favour of the Lord be upon us: prosper our handiwork; All O prosper the work of our hands.

May the light of Christ shine in our hearts.

Let us bless the Lord.

All Thanks be to God.

EVENING PRAYER

Find a quiet place to sit or kneel so you can still your thoughts before beginning your prayers

O Lord, open our lips

All and our mouth shall proclaim your praise.

The Opening Canticle (Philippians 4: 4 – 7)

- 1. Rejoice in the Lord always: again I say rejoice.
- 2. Be known to everyone: for your consideration of others,
- 3. The Lord is near: do not be anxious.
- 4. But in everything make your requests known to God: in prayer and petition with thanksgiving.
- 5. Then the peace of God, which passes all understanding: will keep your hearts and minds through Jesus Christ our Lord.
- All Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now and shall be forever. Amen.

The Opening Prayer

That this evening may be holy, good, and peaceful; let us pray with one heart and mind.

Silence is kept

As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise now and forever.

All Amen.

The Word of God

The Psalm

Use the psalm(s) given in the weekly daily readings

- 1. My soul proclaims the greatness of the Lord: my spirit rejoices in God my Saviour.
- 2. For he has looked with favour on his lowly servant: from this day all generations will call me blessed.
- 3. The Almighty has done great things for me: and holy is his Name.
- 4. He has mercy on those who fear him: in every generation.
- 5. He has shown the strength of his arm: he has scattered the proud in their conceit.
- 6. He has cast down the mighty from their thrones: and has lifted up the lowly.
- 7. He has filled the hungry with good things: and the rich he has sent empty away.
- 8. He has come to the help of his servant Israel: for he has remembered his promise of mercy.
- 9. The promise he made to our forebears: to Abraham and his children forever.

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now and shall be forever. Amen.

The Word of God

A Reading from Holy Scripture

Use the Scripture passage given in the weekly daily readings

The Song of Simeon (Luke 2: 29 – 32)

- 1. Lord now you let your servant go in peace: your word has been fulfilled.
- 2. My own eyes have seen the salvation: which you have prepared in the sight of every people.
- 3. A light to reveal you to the nations: and the glory of your people Israel.

 Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now and shall be forever. Amen.

All Christ, have mercy upon us Lord, have mercy upon us

Show us your mercy, O Lord:

All and grant us your salvation.

O Lord, be gracious to our land:

All and mercifully hear us when we call upon you.

Let your priests be clothed with righteousness:

All and let your servants shout for joy.

O Lord, make your ways known upon the earth:

All let all nations acknowledge your saving power.

Make our hearts clean, O God:

All and renew a right spirit within us.

Eternal God, from whom all holy desires, all good counsels, and all just works proceed: give your servants that peace which the world cannot give that our hearts may be set to obey your commandments and that, free from the fear of our enemies, we may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

All Amen

Lighten our darkness, Lord and by your great mercy defend us in all perils and dangers of the night; for the love of your only Son our Saviour Jesus Christ.

All Amen

In a moment of silence we bring before God those prayers that lay heavy on our heart.

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.
Amen.

The Conclusion

All The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all for ever more.

Amen

NIGHT PRAYER [COMPLINE]

Find a quiet place to sit or kneel so you can still your thoughts before beginning your prayers

The Lord almighty grant us a quiet night and a perfect end

All Amen

Our help is in the name of the Lord

All who made heaven and earth.

Bring to mind those things in the past day that need to be confessed

All Most merciful God,
we confess to you,
before the whole company of heaven,
that we have sinned in thought, word, and deed
and in what we have failed to do.
Forgive us our sins,
heal us by your Spirit
and raise us to new life in Christ.
Amen

O God, make speed to save us.

All O Lord, make haste to help us.

The Opening Canticle (Psalm 134)

- 1. Come, bless the Lord, all you servants of the Lord: you that by night stand in the house of the Lord.
- 2. Lift up your hands towards the sanctuary: and bless the Lord.
- 3. The Lord who made heaven and earth: give you blessing out of Zion.
- All Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now and shall be forever. Amen.

Scripture Reading

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.' (Matthew 11: 28 – end)

Into your hands, O Lord, I commend my spirit.

All For you have redeemed me, Lord God of truth.

Glory to the Father, and to the Son, and to the Holy Spirit.

All Into your hands, O Lord, I commend my spirit.

The Prayers

Hold before God all that the past day had brought and commend the new day to come

Prayers of intercession and thanksgiving are offered

The Conclusion

Visit this place, O Lord, we pray, and drive far from it the snares of the enemy; may your holy angels dwell with us and guard us in peace, and may your blessing be always upon us; through Jesus Christ our Lord.

All Amen

Preserve us, Lord, while waking and guard us while sleeping that awake we may watch with Christ and asleep we may rest in peace.

All Amen

May the Lord bless us and watch over us. May the Lord make his face shine on us and be gracious to us. May the Lord look kindly on us and give us peace.

All Amen

A PRAYER OF PREPARATION BEFORE ATTENDING MASS

The Prayer of Saint Ambrose

Lord Jesus Christ,
I approach your banquet table
in fear and trembling,
for I am a sinner,
and dare not rely on my own worth,
but only on your goodness and mercy.
I am defiled by many sins in body and soul,
and by my unguarded thoughts and words.

Gracious God of majesty and awe,
I seek your protection,
I look for your healing.
Poor troubled sinner that I am,
I appeal to you, the fountain of all mercy.
I cannot bear your judgement,
but I trust in your salvation.

Lord, I show my wounds to you and uncover my shame before you. I know my sins are many and great, and they fill me with fear, but I hope in your mercies, for they cannot be numbered.

Lord Jesus Christ, eternal king, God and man, crucified for mankind, look upon me with mercy and hear my prayer, for I trust in you.

Have mercy on me, full of sorrow and sin, for the depth of your compassion never ends.

Praise to you, saving sacrifice,
offered on the wood of the cross for me and for all mankind.
Praise to the noble and precious blood,
flowing from the wounds of my crucified Lord Jesus Christ
and washing away the sins of the whole world.
Remember, Lord, your creature,
whom you have redeemed with your blood.

I repent of my sins, and I long to put right what I have done. Merciful Father, take away all my offences and sins; purify me in body and soul, and make me worthy to taste the holy of holies.

May your body and blood,
which I intend to receive, although I am unworthy,
be for me the remission of my sins,
the washing away of my guilt,
the end of my evil thoughts,
and the rebirth of my better instincts.
May it incite me to do the works pleasing to you
and profitable to my health in body and soul,
and be a firm defence
against the wiles of my enemies.

AMEN

A PRAYER OF THANKSGIVING AFTER MASS

Prayer of St John Chrysostom

We give Thee thanks,
O most merciful Lord and Redeemer of our souls,
for this day Thou hast made us worthy
by means of these immortal and heavenly mysteries.
Direct our way;
keep us in fear of Thee;
guard our lives;
and make our steps firm
through the prayers and intercessions
of the glorious and holy Mother of God and ever-Virgin Mary.
Be exalted above the heavens,
O God, and above all the earth,
Thy glory, now and forever and ever.
Amen.

THE LITANY

Traditionally the Litany is prayed on Ash Wednesday and as a daily private devotion on the days of Lent

O God the Father, creator of heaven and earth

All Have mercy upon us

O God the Son, redeemer of the world

All Have mercy upon us

O God the Holy Spirit, advocate and guide

All Have mercy upon us

O holy, blessed, and glorious Trinity, three Persons in on God

All Have mercy upon us

Lord, remember not our offences, nor the offences of our forebears; spare us, good Lord, spare your people whom you have redeemed with your precious blood;

All Spare us, good Lord

From all evil and wickedness; from sin, from the cunning assaults of the devil; from your wrath, and from everlasting condemnation;

All Good Lord, deliver us

From all spiritual blindness; from pride, vanity, and hypocrisy; from envy, hatred, malice, and all uncharitableness;

All Good Lord, deliver us

From disordered and sinful affections; from the deceits of the world and the snares of the devil;

All Good Lord, deliver us

From all false doctrine, heresy, and schism; from hardness of heart, and from contempt of your word and commandment;

All Good Lord, deliver us

From lightening, fire and tempest; from earthquake, drought, and flood; from famine, plague, and pestilence;

All Good Lord, deliver us

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared;

All Good Lord, deliver us

By the mystery of your holy incarnation; by your birth, childhood, and obedience; by your baptism, fasting, and temptation;

All Good Lord, deliver us

By your ministry in word and work; by your mighty acts of power; by your proclamation of the kingdom;

All Good Lord, deliver us

By your agony and sweat of blood; by your cross and passion; by your precious death and burial;

All Good Lord, deliver us

By your mighty resurrection; by your glorious ascension; and by the coming of the Holy Spirit;

All Good Lord, deliver us

In all times of trial and sorrow; in all times of joy and prosperity; in the hour of death and at the day of judgement;

All Good Lord, deliver us

Hear our prayers, O Lord our God

All Hear us, good Lord

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will;

All Hear us, good Lord

Give us boldness to preach the gospel in all the world, and to make disciples of all nations;

All Hear us, good Lord

Enlighten all bishops, priests, and deacons with true knowledge and understanding, that by their life and teaching they may proclaim your word;

All Hear us, good Lord

Give your people grace to hear and receive your word, to find and follow their true vocation, and to bring forth the fruit of the Spirit;

All Hear us, good Lord

Bring into the way of truth all who have erred and are deceived;

All Hear us, good Lord

Strengthen those who stand; comfort and help the faint-hearted; raise up the fallen; and finally beat down Satan under our feet

All Hear us, good Lord

Guide the leaders of the nations into the way of peace and justice;

All Hear us, good Lord

Enlighten and direct our rulers; grant that they may put their trust in you, and seek only your honour and glory;

All Hear us, good Lord

Give wisdom and insight to all in authority, and to judges and magistrates the grace to administer justice with mercy;

All Hear us, good Lord

Give to all nations peace, unity, and concord; and grant to all people freedom and dignity, food and shelter;

All Hear us, good Lord

Teach us to use the resources of the earth to your glory, that all may share in your goodness and praise you for your loving kindness;

All Hear us, good Lord

Enlighten with your Spirit all who teach and all who learn;

All Hear us, good Lord

Help and comfort the lonely and aged, the bereaved, the overworked, the exploited and the oppressed;

All Hear us, good Lord

Support and encourage all who are in poverty, unemployment or distress; protect those whose work is dangerous, and keep in safety all who travel;

All Hear us, good Lord

Keep fathers, mothers and children united in their family life, and give them wisdom and strength in times of stress;

All Hear us, good Lord

Heal the sick in mind and body; strengthen and preserve all women in childbirth and all young children;

All Hear us, good Lord

Defend and provide for the widowed and the orphaned, all migrant workers and refugees, the homeless and victims of strife; have pity on prisoners and all who live in fear;

All Hear us, good Lord

Forgive our enemies, persecutors, and slanderers, and turn their hearts;

All Hear us, good Lord

All Saviour of the world forgive our sins, known and unknown things done and left undone; grant us the grace of your Holy Spirit that we may amend our lives according to your holy word.

All Holy God
Holy and strong
Holy and immortal
Have mercy upon us

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory, for ever and ever.
Amen.

Almighty God, you have given us grace to bring before you with one accord our common supplications and you promise that when two or three are gathered together in your name you will grant their requests: fulfill now, O Lord, the desires and petitions of your servants as may be most expedient for them; granting us in this world knowledge of your truth and in the world to come the fullness of eternal life.

All Amen

PREPARATION FOR PRIVATE CONFESSION

[The Sacrament of Penance]

The basic requirement for receiving the Sacrament of Penance is to have the intention of returning to God like the *Prodigal Son* and of acknowledging our sins with true sorrow before His representative, the Priest.

Examine your conscience. Recall your sins (possibly write them in list form). Calmly ask yourself what you have done with full knowledge and full consent against God's Commandments, Jesus' teachings, and faithful living.

Be truly sorry for your sins. The essential act of Penance, on the part of the penitent, is contrition, a clear and decisive rejection of the sin committed, together with a resolution not to commit it again, out of the love one has for God, which is reborn with repentance.

The resolution to avoid committing these sins in the future is a sure sign that your sorrow is genuine and authentic. This does not mean that one has to promise never to fall again into sin. A resolution to try to avoid the near occasions of sin suffices for true repentance. God's grace in cooperation with the intention to rectify your life will give you strength to resist and overcome temptation in the future.

AN ACT OF CONTRITION

O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they offend you, my God, who are all good and deserving of all my love.

I firmly resolve,
with the help of your grace,
to confess my sins,
to do penance,
and to amend my life.

AMEN

If you wish to receive the Sacrament of Penance, please make an appointment with your Parish Priest.

VARIOUS PRAYERS

A prayer for our homes

Visit, Lord, our homes and drive far from them all the snares of the evil one: let your holy angels dwell in them to preserve us in peace and may your blessing rest upon us evermore; through Jesus Christ our Lord. Amen

A prayer for family and friends

Almighty God, Father of everlasting mercy we entrust all who are dear to us to your never-failing care and love both for this life and for the life to come knowing that you are doing for them things beyond all that we can ask or think; through Jesus Christ our Lord.

Amen

Blessing before a meal

Bless us, O Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ, our Lord. Amen (traditional: author unknown)

Thanksgiving after a meal

Father, for our food we thank you, and for our joys: help us to love you more.

Amen

(Canadian Conference of Catholic Bishops, A Book of Blessings)

A prayer before going to school

Dear Lord, use my eyes to see new friends, open my ears to hear my teacher, open my mind to learn new things, let my heart remember you are near when I'm afraid, help me to love others like you do, I want to shine your light so bright in my school. Amen

A prayer before writing an exam

Heavenly Father, be with me as I take this exam.

Keep my mind alert and my memory sharp.

Calm my nerves and help me concentrate.

I know that you walk with me,

guiding my path and inspiring my heart.

May your presence ease the pressure I feel.

Thank you for your peace and love in my life.

Thank you for your kindness and care for me.

Amen

A prayer before going to work

Holy God, you made me in your image and likeness to be a steward of your creation. I embrace the gifts you have given me and vow to use them today to serve you and others through the work that I do. Bless my work, Lord. Amen

A prayer for guidance

Go before us, Lord, in all our doings with your most gracious favour and encourage us with your continual help that in all our works begun, continued, and ended in you we may glorify your holy Name and finally, by your mercy obtain the fullness of eternal life; through Jesus Christ our Lord.

Amen

A prayer in time of trouble

Lord, in every need let me come to you with humble trust saying, "Jesus, help me." In all my doubts, perplexities, and temptations, Jesus, help me. In hours of loneliness, weariness, and trials, Jesus, help me. In the failure of my plans and hopes; in disappointments, troubles, and sorrows, Jesus, help me. When others fail me and your grace alone can assist me, Jesus help me. When I throw myself on your tender love as a Father and Saviour, Jesus, help me. When my heart is cast down by failure at seeing no good come from my efforts, Jesus, help me. When I feel impatient and my cross irritates me, Jesus, help me. When I am ill and my head and hands cannot work and I am lonely, Jesus, help me. Always, always, in spite of weakness, falls, and shortcomings of every kind, Jesus, help me and never forsake me. Amen

An act of praise

Now to him, who is able to keep us from falling and to present us without blemish before the presence of his glory with rejoicing to the only God, our Saviour through Jesus Christ our Lord be glory, majesty, dominion, and authority before all time and now and for ever.

Amen

To the King of ages, immortal, invisible, the only God be honour and glory for ever and ever.

Amen